

# Sound Off Against Aging

by Morgan Miller

Ultherapy®, one of the newest trends in anti-aging procedures, is making waves in the medical community. As an affordable and non-invasive alternative to a surgical facelift, the treatment is great news for anyone whose skin has fallen victim to gravity and could use a little lift – no scalpel and no recovery period required.

“With just one treatment, Ultherapy® actually lifts the skin by stimulating the body’s natural production of collagen and elastin,” explains Michelle O’Neill, CEO of Miami Beach Laser Spa, a South Florida practice that specializes in skin care, anti-aging and aesthetics.



Michelle O’Neill

The FDA-approved procedure uses the power of focused ultrasound waves to tighten aging skin and muscle tissue around the brow, neck, face and chin. The waves repair existing collagen within the cells and stimulate new growth of collagen to restore the skin’s youthful elasticity. Although the procedure takes as little as an hour, the results develop over two to three months and can last for a year.

“I love performing the Ulthera procedure because I know that my patients do not have any downtime – unlike other tightening modalities on the market,” says O’Neill. Her practice recently added the procedure to their roster of

services, ranking it among leading technologies along with ELOS™ laser skin rejuvenation, ReFirme™ laser skin tightening, Botox®, facial fillers, such as Juvederm® and Restylane®, EMatrix® and more.

Michelle O’Neill, an NCCPA board-certified physician assistant, has been in the medical field since 1997. She pursued her passion for aesthetics and the anti-aging industry after 10 years of practice in internal medicine. In addition to presiding as CEO of the practice, O’Neill performs all of the cosmetic and laser procedures, ensuring the quality that patients have come to expect from Miami Beach Laser Spa.

To learn more about the Ultherapy® treatment, or to schedule a consultation with Miami Beach Laser Spa, visit [www.miamibeachlaserspa.com](http://www.miamibeachlaserspa.com) or call 305.674.3447. The practice is located at Mount Sinai Medical Center, 4308 Alton Road Suite 410, Miami Beach, FL 33140.



## The Proof



BEFORE

AFTER



BEFORE

AFTER